

Alzheimer's Association Northern Nevada

ALZHEIMER'S  ASSOCIATION®

Mission

The Alzheimer's Association leads the way to end Alzheimer's and all other dementia — by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support.

Vision

A world without
Alzheimer's and all
other dementia®.



Alzheimer's Disease by the Numbers

- Over 6 million Americans are living with AD, and 11 million are providing unpaid care.
- 49,000 Nevadans 65+ are living with AD, estimated to rise to 64,000 by 2025. An increase of 30.6%.
- 48,000+ caregivers, providing 79,000,000 hours of unpaid care valued at \$1,346,000,000.
- 80.2% of caregivers report chronic health conditions, 18.3% with depression.
- Alzheimer's disproportionately affects African American (2X) and Latinx (1.5X) communities.

2022 Alzheimer's Disease Facts and Figures report [alz.org/facts](https://www.alz.org/facts)

Programs and Services

- Support groups for caregivers and people living with dementia
- Education classes and workshops
- Help with care planning
- Funding for respite care
- Early stage engagement programs
- 24/7 helpline and [alz.org](https://www.alz.org) website
- TrialMatch and research funding
- Advocacy at state & federal levels

Family caregiver programs are provided with support from Nevada Aging and Disability Services Division



"There are only four kinds of people in the world: those who have been caregivers, those who are currently caregivers, those who will be caregivers, and those who will need caregivers."

Rosalynn Carter, First Lady

Alzheimer's Association 24/7 Helpline
800.272.3900 | alz.org

Niki Rubarth, Regional Director
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“To care for those who once cared for us is one of the highest honors” *Tia Walker*



Savvy Caregiver

Alzheimer's Association

- It's **Go** time
- With the new approved medications
- We need to think now of the family caregivers



The Alzheimer's Association Presents

The Savvy Caregiver® Program

Savvy Caregiver programs provide the most relevant dementia knowledge, skills, and mastery to support family members as they provide care for a loved one living with dementia. Savvy Caregiver programs have been shown to decrease family caregiver distress, burden, and depression, while increasing caregivers' sense of competence and confidence in their care role.

Savvycaregiver.com

The Savvy Caregiver® Program

- A way to support to family caregivers living with a person with Alzheimer's, or long distance caregiving.
- Helps caregivers to go through the experience with as much reward and as little stress as possible.
- Savvy Caregiver Trainings are designed for family caregivers only.
- A skills based class that delivers tools to caregivers.

The Savvy Caregiver® Program

- This program goes beyond introductory education offerings.
- Recognized nationally as a leading evidence-based dementia family caregiver training program.

The Savvy Caregiver® Program

Participants will graduate with:

- Enhanced knowledge and caregiving outlook
- Skills to assess the abilities of your loved one with dementia
- Confidence to set and alter caregiving goals
- Strategies to manage activities of daily living

How does it work?

All offerings require pre-screening and pre-registration prior to participation.



Thank You

For information about upcoming trainings in Northern Nevada, contact:

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800.272.3900 | [alz.org](https://www.alz.org)[®]