



# Neighbor Network of Northern Nevada

# BRI Care Consultation & N4

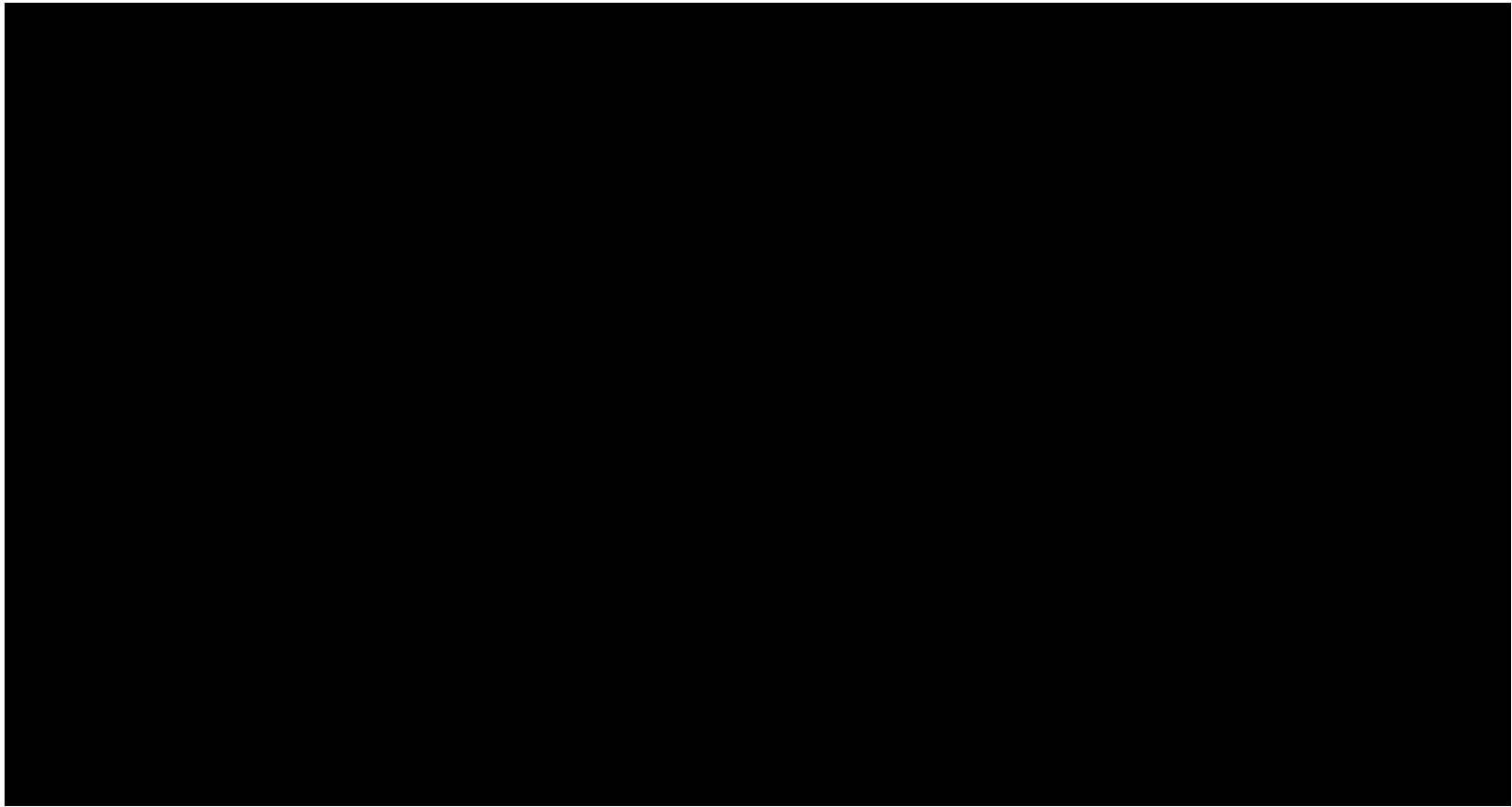
- BRI Care Consultation is being offered by the Neighbor Network of Northern Nevada as part of our free respite care program in 12 counties in Northern Nevada
- Open to people living with dementia or possible dementia (including people living alone and/or people with ID) and their primary care partners (not required to be family or living with person receiving care)
- Includes a minimum of 5 hours/week respite care plus comprehensive, dementia-specific case management support
  - Respite care provided by trained, paid staff in the person's home or community



**Telephone- and email-based care-coaching program** that assists and supports adults with health conditions and their family and friends who care for them.

The program is available at no cost to participants!

# Evidence-based Program Supports Family Caregivers



# A *personal* Care Consultant helps with:

- **Finding** and **getting connected** to health and community services
- **Prioritizing** concerns using a simple step-by-step plan based on **participant needs**
- **Communicating** with loved ones, family, and friends about care and **managing** difficult situations and behaviors
- **Staying in touch** with individuals and families so **adjustments** can be made as situations **change**
- **Assisting** with getting other family and friends **involved**
- **Being there for participants** as an **emotional support** when overwhelmed or faced with challenges

# Why BRI Care Consultation?



“I don’t know what services fit our needs”

“I have a hard time with my loved one understanding care and accepting help”

“My loved one is acting different...  
Angry... Upset... Sad... Anxious...  
What do I do?”

“I have a hard time getting everything done...  
It’s becoming stressful”

“I just received a dementia diagnosis, and I don’t know what that means”

“I have safety concerns”

“My family disagrees about care and next steps”

# How Does BRI Care Consultation Work?

Participant begins a conversation with Care Consultant by sharing story and concerns



Care Consultant helps to prioritize concerns, provide recommendations & advice



Work together on developing steps to address priorities and alleviate concerns



Participant receives Action Checklist/Plan that guides next steps



Care Consultant helps with existing steps & identifying new concerns



Care Consultant stays in touch to provide ongoing support!

# Benefits for Care Service Providers

- Helps people remain in their homes longer
- Deepens the care relationship with participants
- Facilitates better in-home care by providing information and resources
- Identifies other needs related to health care concerns
- Enables support staff to focus on necessary care tasks
- Increases overall satisfaction with services
- Proven to reduce hospital readmissions and ER visits
  - One fewer hospital readmission, on average
  - 50% reduction in Emergency Room visits



**Contact N4 for more information or to refer participants to receive BRI Care Consultation from a trained N4 program coordinator!**



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of Northern Nevada

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